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Centre Academy East Anglia Newsletter

Summer Term July 2024

Dear All,

I hope you are well and finally enjoying the glorious summer sunshine!

Well, what a busy term we have had, with so many great things that have happened at CAEA.

I felt full of pride in sharing our ISI Inspection Report with you, this just cements the amazing school we are, and I hope you are as proud as we are. Our school is truly a wonderful school.

As you can see from this bumper newsletter, lots of great things have happened this term. The Student Council have been busy serving the school community and raising lots of money for charities. They have introduced our newest school members Skylar and Gizmo, the tortoises who are a complete success in school.

Congratulations to all our students on a successful year and all their achievements.

I hope you enjoyed our Graduation and Prize Day celebrations; it was emotional and amazing listening to our students and their speeches.

I hope you all have a restful, fun summer and look forward to welcoming the students back to school on Wednesday 4th September for the Autumn Term 2024.

Yours faithfully

A handwritten signature in cursive script that reads 'Lisa Gilbert'.

Lisa Gilbert
Head of School

GRADUATION and PRIZE DAY

On Sunday 30th June 2024



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On Sunday 30th June 2024



Swimming Gala

On Friday 15th March, a group of students travelled to Ipswich to represent the school in the regional Swimming Gala run by the Panathlon group.

We had a fantastic morning competing against six other schools from the local area. Not only did our students conduct themselves incredibly well (they were a real credit to the school), but they also encouraged one another and there was a real sense of team spirit amongst the students. They each performed exceptionally well in their races and were just pipped to the post into the runners-up spot!

A massive well done to everyone that competed!



Mr Steward
Teacher

Pacific Class

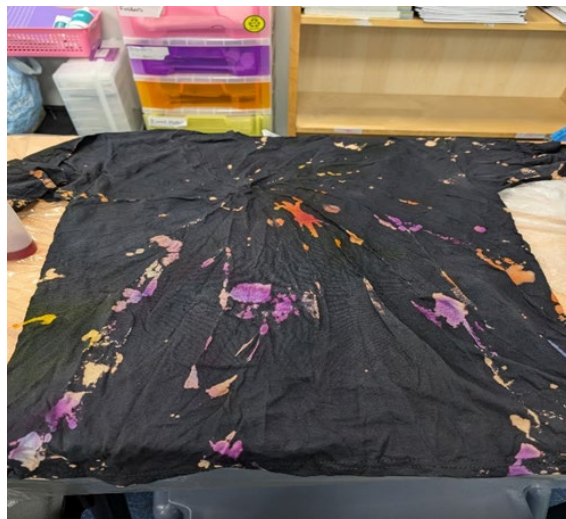
After enjoying tie dyeing t-shirts during a previous ELC English component on style, Pacific requested to try 'Reverse' tie dyeing. This was something we had discovered online, while researching how to create different tie dye patterns online.

With reverse tie dye you basically strip out the colour from a dark t-shirt, using a dilute bleach solution, carefully following all safety procedures, before then adding other colours to the then bleached out sections.

This was an activity that the whole class enjoyed. Here are a couple of pictures of part of the process.



Ms Martin
Teacher



Bird Boxes

Pacific were given the task in DT to build bird boxes to take home for their gardens.

It was important to begin the project in the Autumn term so they could be finished and installed for the birds to use in the spring.

Two types of bird box were available, those with a post box style entrance for the Robins and the simple hole type preferred by the Great and Blue Tits.

Before starting to make our boxes for home, we decided it would be a good idea to look at the ones already round the school gardens, take them down and refurbish them.

The old boxes were removed from the trees, cleaned out, sanded down, parts were repaired or replaced sometimes making one good one from two old ones, painted and returned to the trees.

We are pleased to report that this process was very successful and many of the dwellings proved very desirable. Two weeks ago, or so, we discovered that a brood of Blue Tits had flown the nest in the Forest School area and were on the ground with their mother feeding them. We are pretty sure some other boxes have been equally successful.

With boxes now in the students' gardens and the refurbished ones in school we hope we have gone a little way to help the bird population of Suffolk.

Mr Borrett
Teacher



Student Council

A little look at what we have achieved this year...

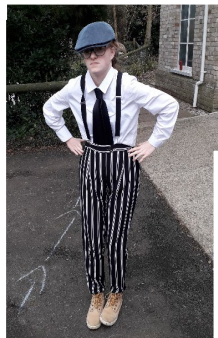


We helped to introduce school pets.



We supported the school bonfire night raising £942 for children with cancer.

We put on a sponsored run and bake sale for Children In Need, raising £400.



We organised a dress day for world book day.



We planned, organised, and ran a whole school easter egg hunt.

We helped to set up and run stalls at the school festival.



We have supported the school kitchen by completing surveys which has helped introduce different food/meals.



We introduced 'class eco helpers' to create a more ecofriendly school.



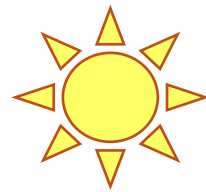
It has been an absolute pleasure to run school council this year and see the students come up with lots of amazing ideas to support their school community.

All members should be very proud of their hard work, dedication, and achievements!

Kind regards,
Miss Banham



Summer Therapy Group



Updates

Cooking Club

Students have been working very hard to bake tasty treats to help with the development of their sensory, motor, and independence skills. Students have then sold these to their peers, and school community, at break times in order to raise money for their chosen charity. The charity chosen by the students for this term is Outreach Youth, a charity based in Suffolk which supports young people who are part of the LGBTQ+ community. Students have been working especially hard on following a recipe with increased level of independence, as well as building their confidence using equipment such as hobs and ovens. So far, the students have raised £34 through their sales.



Life Skills

Our life skills group have been working on a very exciting project this term, which has seen them plan, budget, and pitch an idea to the headteacher for a school sensory garden. Thanks to their hard work and brilliant presentation skills, this was approved! Students have since been working to build the garden, working as a team to follow instructions to build a bench, build a storage box, and plant seeds. The games box made by the group has been a big hit with the school community, as they are enjoying all the new activities available at break and lunch time, such as badminton, chess, connect 4, hula hooping, and Jenga.



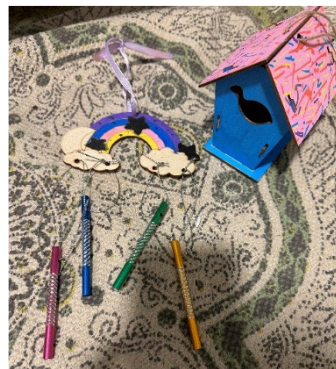
Fine Motor Group

The fine motor group would like to thank the wonderful school community for your support with the Easter Craft Sale last term!

Thanks to your generosity, an incredible £117 was raised for the charity Head Way!

This term, students have been working to strengthen their fine motor skills through engaging in fun, meaningful activities which support their school community. This term, students have been designing tickets for the school's production of Shrek and have produced fantastic work!

Students have also been supporting the life skills group through the making and decoration of bird boxes and windchimes for the school sensory garden.



Positive Affirmations

I deserve happiness.

I am enough.

I love myself.

My potential is unlimited.

I am worthy.

Today I will learn and grow.

I am grateful.

Today is full of possibilities.

I am focused.

I will never give up on my dreams.

I believe in myself.

I am in charge.

@nourishyourglow

Walking Group

The walking group have been encouraging a healthy and positive self-monologue this term to support with mental wellbeing. This has been achieved through the exploration of positive affirmations, where students have learned about how using these can help promote self-kindness. Students have then worked to create their own positive affirmations to read in the mornings and evenings. Students have also enjoyed walks to the local park!



Our Guest: Roy Swain from East Anglia Air Ambulance

We were delighted to welcome Roy Swain from the East Anglia Air Ambulance (EAAA), an organisation renowned for its life-saving medical services.

East Anglia Air Ambulance is a crucial service providing emergency medical assistance via helicopter in the regions of Norfolk, Suffolk, Cambridgeshire, and Bedfordshire. Operating 24/7, the EAAA team includes highly skilled doctors and paramedics who perform lifesaving procedures at the scene of emergencies—from road accidents to acute medical events.

This visit allowed our students to start to understand the critical role of emergency services, highlighting:

- **Medical Innovations:** How cutting-edge technology and medical knowledge are used in emergencies.
- **Career Insights:** Paths to pursuing a career in emergency medical services and the skills required.
- **Community Impact:** The significant contributions of the EAAA to our local and wider community.

The students asked lots of questions, and listened brilliantly, which gave them insights into the workings of emergency medical services.

We were all amazed that they are a standalone charity, with no funding from Central Government.

It gave us a huge appreciation of the very important work the volunteer sector do for the public.

(Personal Social Health and Economic Education)

There are a lot of acronyms in education, and within PSHE there is no shortage! We cover RSHE (Relationships, Sex and Health Education), BV (British Values) and thread SMSC (Social, Moral, Spiritual and Cultural) teachings throughout the curriculum. We could brand these weekly lessons in several different ways: Life Skills, Personal Development, Citizenship, but ultimately, they have the same objective; to prepare young people to live a safe, respectful and fulfilling life.



There is often a lot of talk in the media about what schools do/don't, should/shouldn't teach, and a lot of that falls into the realm of PSHE. At times, stories presented are either isolated or misrepresented, and I hope that any parent or carer that has a concern get in touch with us at CAEA to ask any questions and find out the facts. We recognise that you as parents/ carers are the first teachers of your children and have the most significant influence in enabling your children to grow and mature. Currently the government has a consultation out about changes to statutory guidance on RSHE. I thoroughly recommend you have a look and give your feedback. <https://consult.education.gov.uk/rshe-team/review-of-the-rshe-statutory-guidance/>

At the start of the new academic year, we will be reviewing our PSHE and RSHE policy. These will be available on the website once updated.

We will also email out an overview of what we aim to cover for that year for each class group, so if you have any questions in advance, we can answer them for you.

Regards,

Mrs Brown (PSHE Teacher) and Mrs Coleman (PSHE Lead)

Photographs taken in School

Dear Parent/Carer,

As we continue to celebrate our students' achievements and capture special moments during school events, we kindly request your cooperation in ensuring the safety and privacy of all children.

Specifically, we ask that you refrain from sharing any photos or videos of school activities on social media platforms where other people's children can be identified.

Why is this important?

1. **Consent:** Sharing images without prior consent from children and their families can pose risks. Some families may not want their child's photo to be publicly available.
2. **Misuse:** Photos and videos shared online can be modified, misused, or taken out of context. This could inadvertently place children at risk.
3. **Child Protection:** Identifying children through images may expose them to potential grooming or abuse.

How can you help?

1. **Be Mindful:** Before posting any school-related content, consider whether it includes other children and whether their privacy might be compromised.
2. **Educate:** Talk to your child about the importance of privacy and respecting others' boundaries.
3. **Set an Example:** By being cautious with your own social media posts, you contribute to a safer online environment for all.

Student Attendance

We would like to take a moment to emphasize the critical role that **regular attendance** plays in your child's education. **Consistent attendance** is not just a matter of compliance; it significantly impacts your child's academic progress and overall success.

Here are some key points to consider:

1. **Academic Achievement:** Research consistently shows that students with **high attendance rates** tend to perform better academically. Missing even a single day of school can disrupt the learning process and hinder your child's understanding of crucial concepts.
2. **Life Chances:** Education opens doors and shapes future opportunities. By attending school consistently, your child is better positioned to achieve good grades, graduate successfully, and pursue higher education or career paths.
3. **School Policies:** Our school adheres to **Department for Education guidelines** regarding attendance. These guidelines stress that children should attend school regularly unless there are exceptional circumstances. We appreciate your cooperation in ensuring your child's consistent presence.
4. **Communication:** If your child is unable to attend school due to illness or other reasons, please notify us promptly. You can call the school office or email us at absent@centreacademy.uk. Early communication helps us track attendance and address any concerns.
5. **Action Plan:** Should attendance become a concern, we will work closely with you to develop an **action plan**. Our goal is to support your child's attendance and create a positive learning environment. Remember, everyday matters. Each lesson contributes to your child's growth and development. Let's work together to ensure that our students receive the best education possible. Thank you for your ongoing support. If you have any questions or need further clarification, please don't hesitate to reach out.

Thank you for your understanding and cooperation in these matters.

School Uniform

Our school uniform is available from 'Inces of Stowmarket'.

Please note, students may still wear their old uniform until a new uniform is required.

Logo School Uniform is provided by 'Inces of Stowmarket'. The uniform can be ordered online, or you can visit the shop in Stowmarket, please see below for shop details. As well as our logo school uniform, you may also be able to order plain items such as trousers, skirts, or alternatively you can buy from local stores. Other ordering information including sizes, delivery information and the returns procedure is also available online.

<https://www.inces.co.uk/c/schoolwear>

Inces, 25 Ipswich Street, Stowmarket, Suffolk, IP14 1AH

01449 612 664

gordonince@btconnect.com

Please see below for a complete school uniform list which is requested.

School Uniform	Logo Uniform supplied by 'Inces'	
	Size	Cost
Grey Trousers/Skirts		
Grey Shorts (Optional)		
*Sky Blue Polo Shirt (with school logo)	Up to age 13:	£10.00
	Adult Sizes:	£12.50 (2XL £14.50)
*Navy V Neck Sweatshirt (with school logo)	Up to age 13:	£18.00
	Adult Sizes:	£19.00 (2XL £22.50)
Grey or Black Socks (for trousers)		
Black or Nude tights (for skirts)		
Navy/White Summer Dresses (non-compulsory) Juniors only)		
Black Shoes and Wellington Boots		
Coat (weather dependent)		
Equipped Pencil Case		
Sports Uniform		
Navy PE Shorts		
Navy Tracksuit Bottoms		
*Navy Fleece (with school logo)	Up to age 13:	£20.00
	Adult Sizes:	£24.00
*Emerald Green Polo Shirt (with school logo)	Up to age 13:	£10.00
	Adult Sizes:	£12.50 (2XL £14.50)
Plain Navy Football/Rugby Socks	Size 1-3:	£4.25
	Size 3-6:	£5.00
	Size 6-12:	£5.00
Trainers		
Football Boots (plastic or moulded studs)		
Mouthguard		
Shin Pads		
* - relates to all uniform with the school logo		

CAEA Equipment Provision

At CAEA, we promote our students to be as independent and organised as possible, however, we appreciate that students may find this challenging for a variety of reasons. We therefore place measures to support with this, such as providing school bag checklists to pupils, so they can manage their routine with confidence. We also have posters displayed around the school and in all tutor rooms to encourage responsibility for equipment, much like the one shown below!

Students are welcome to bring in stationery from home and are encouraged to bring a pencil case which they can carry with them. If your child brings any stationery from home, please can you ensure that scissors are plastic and in line with those provided by the school. Please be assured that the school has scissors available for all students, as well as stationery resources for those who may need them. Specialist scissors are also available from the Occupational Therapist if students are struggling to use the ones available in class.



Example of scissors available in school



Example of specialist scissors available



Thank you very much for your cooperation!

IMPORTANT

dates to remember

Dates for your Diary		
Wed 4 Sept 24		Autumn Term Commences
Mon 23 Sept 24	5.30pm	Parent Forum – All welcome
Tue 24 Sept 24		School Photographer – Whole School/Class & House photos only
Fri 18 Oct 24	1.00pm	Harvest Festival – All welcome
Fri 18 Oct – Sun 3 Nov 24		Half Term – School finishes at 2.00pm for all students
Mon 4 Nov 24		Autumn Term Commences
Wed 6 Nov 24	6.00pm	Bonfire Night - All welcome
Thu 21 Nov 24	4.30 – 6.30pm	Parent Evening - (Tutor's only)
Fri 13 Dec 24	2.15pm	Carol Service – All welcome
Fri 13 Dec 24 – Tue 7 Jan 25		Christmas Holiday
Tue 7 Jan 25		Spring Term Commences

IMPORTANT

TIMINGS TO THE SCHOOL DAY

Academic Year September 2024 – July 2025

Students can arrive at school from **8.30am** onwards.

Timetable for the School Day

Monday to Thursday		Friday	
08.45am – 09.00am	Tutor Time	08.45am – 09.00am	Tutor Time
09.00am – 09.45am	Lesson 1	09.00am – 09.45am	Lesson 1
09.45am – 10.30am	Lesson 2	09.45am – 10.30am	Lesson 2
10.30am – 11.15am	Lesson 3	10.30am – 11.15am	Lesson 3
11.15am – 11.35am	Break Time	11.15am – 11.35am	Break Time
11.35am – 12.15pm	Lesson 4	11.35am – 12.15pm	Lesson 4
12.15pm – 13.00pm	Lesson 5	12.15pm – 13.00pm	Lesson 5
13.00pm – 14.00pm	Lunch Time	13.00pm – 14.00pm	Lunch Time
14.00pm – 14.45pm	Lesson 6	14.00pm – 15.00pm	Lesson 6
14.45pm – 15.30pm	Lesson 7		(14.30pm – 15.00pm) - Assembly



General Information	Medical Information	
START OF THE SCHOOL DAY	<ul style="list-style-type: none"> ✓ If your child requires any medication, please ensure that this is handed into the office or Miss Bonner. Medication will need to be in its original packet along with the relevant paperwork. The item must be clearly labelled with the student's name and the instructions of administration. ✓ Students must not be sent to school if they have a fever/sickness or are feeling ill. Students should be fever/sickness free for 48 hours before returning to school to protect other students from contact with potentially contagious illnesses. Parents will be contacted by the medical staff on duty if a child shows symptoms of illness while in school. ✓ If the illness is more than 5 school days, we require a Doctor's Certificate. 	
Please remember that students are not to be dropped off at the school before 8.30 am. Prior to that staff are not in their places and we cannot therefore ensure the students security.		
UNIFORM		
Please remember that all uniform and casual clothes must have the student's name in.		
OUTDOOR CLOTHING	Absence	
During the cold months please could all students have winter clothing: wellies, coats, hats and gloves. During the summer months, please could students have a hat and sun cream.		
School Phone Number: 01449 736404 Out of hours emergency school mobile number 07555 641 724 email: admin@centreacademy.uk Student absence: absent@centreacademy.uk		Please could all medical appointments/absences be reported before 9.00 am to the school office. Please contact the school each day your child is absent; contact by email is fine. Student absence: absent@centreacademy.uk
Policies and other Important Information		All our policies and other Important Information are available on the website. If you require any other information that is not displayed, please do not hesitate to contact the Office Manager.
Photographs/Video's taken in school	As we continue to celebrate our students' achievements and capture special moments during school events, we kindly request your cooperation in ensuring the safety and privacy of all children. Specifically, we ask that you refrain from sharing any photos or videos of school activities on social media platforms where other people's children can be identified.	