



# Spring Term 2015

February 2015

## *Centre Academy East Anglia*

**Junior Parent Meetings (Sunshine/J2/J3)  
Thursday 12<sup>th</sup> March**

**Senior (J1, S2, S1, GCSE, Diploma) Parent  
Meetings - Friday 13<sup>th</sup> March**

To make an appointment to see any of the teachers please call the office, before Monday 9<sup>th</sup> March, and Lara will be pleased to accommodate your timing as far as possible.

The school looks forward to welcoming all parents for their meetings and will provide tea and coffee for any waiting time which may arise.



Dear Parents,

We hope you will enjoy this half-term newsletter, which contains not only some striking pictures but also a good deal of information regarding a variety of activities undertaken by both our students and teaching colleagues. CAEA is, indeed, a busy and exciting place, one that also profits from the beauty of its surroundings.

We do want to note especially the Revision Tips that you will find on page 3. As you will understand, these are focused primarily on our GCSE students, but they are also extremely valuable for all of our young scholars, from our youngest to our Diploma candidates. In this light, we want to direct their attention—and yours—especially to the penultimate revision tip: “Find the right environment to revise.” Please note that we indicate very specifically that the right environment is not in front of a TV nor does it include listening to the radio.

As some within our parent community will know, we recently made some changes in our evening boarding prep time; specifically, all our boarding students spend at least the first hour of evening prep in the hall classroom and in front of individual desks—sans television and other distractions. There are teachers on duty to assist with questions, and after an initial ‘breaking in’ period, many of our students report that they are profiting from the ‘new’ environment—and particularly from the sense of quiet that generally prevails and allows them to focus on their work.

We shall end on that industrious note! We wish everyone in the student and parent communities the happiest of half-terms.

*Yours sincerely*

*Mrs Kim Salthouse  
Head of School*

*Dr Duncan Rollo  
Principal, The Centre Academy Schools*



On Friday 13<sup>th</sup> March, CAEA are participating fully in Red Nose Day.

We are aiming to have fun as well as to fund raise as much money as possible. The government have committed themselves to matching the amount schools raise (up to £10 million). The money raised will go towards helping 300,000 children in Africa receive an education.

The students, staff and even the parents will be wearing red on the day as well as noses. Students will be participating in a sponsored silent read and during lunchtime a basketball competition.

Any parent who would like to take part in a 'sweepstake' please see Mrs Basu or Mrs Farley.

Please everyone, support the day.

Look out for the next issue of CAEA newsletter where we will reveal our grand total and post some photos of the day.

Thank you

Rv Mrs Shaul



### A trip to Bradfield Woods



### The school fountain - frozen during January



# Revision tips

- **Start revising early** – i.e. months, not days before the exam, make a timetable to plan your revision and stick to it!
- **Use Revision Guides**
- **In study leave, start revising early** – i.e. 9.00am – that way you will get your day's work done much quicker and will have time to relax in the evening
- **Stick revision notes all around the house** – so in the exam you think – “aha, quadratic equations, they were on the fridge....”
- **Get yourself drinks and snacks** – so you do not make excuses for stop every 10 minutes ...
- **Sit at a proper desk** – Do not try to revise in bed – you will be in the land of pink igloos and elephants before you can say “Captain Birdseye”
- **Don't put it off** – “Procrastination” is the long word for it. And it means rearranging stuff on your desk, getting a sudden urge after 16 years to tidy your room, playing the guitar, thinking about the weekend, writing love poems about that girl/boy you fancy, painting your toenails, etc, etc,... Sit down at your desk and GET ON WITH IT
- **Don't just read your notes** – you have to WRITE STUFF DOWN. This is real basic “how to revise” stuff.
- **Don't turn yourself into a revision zombie** – if you stop doing anything else but revision you will turn into a zombie. It is really important that you keep time to do things you enjoy... like cinema, shopping, sports, Frisbee, rock-climbing, making model planes, whatever tickles your ferret... When you're doing these try to relax and totally forget about revision
- **Do lots of practice exam papers** – This is especially important as you get close to the exams
- **Read the exam timetable properly** – double-check so you do not miss an exam and have plenty of time to prepare for it
- **Find the right environment to revise** – NOT in front of the TV. NOT listening to the radio. Music can sometimes be ok, but you need to find the right kind. It's got to be something that is just there in the background that you are not thinking about

## 'Incredible Me' – School Play

Dear Parents, although we are only a few weeks in to 'Incredible Me' Rehearsals, the show is shaping up to be an exciting Centre Academy Original. We can't wait for you to see it! As is always the way in the run up to such a big event, we will be expanding our rehearsal evening times the first week back after half term to both Monday and Thursday from 5.05-5.55. Students continue to require their scripts at every rehearsal.

I would also like to extend a personal welcome to Miss Talman who will be our Musical Director this year.

As always, thank you for your continued support.

Miss Wiltz and Miss Talman

## J1 – Maths Fun



J1 had fun doing Area Calculations with chalk outside during a maths lesson with Mr Lightly.



## REMINDERS

Please be aware that boarding staff are officially on duty on a Sunday evening at 7.00 pm. Please could any communication regarding trains or general boarding questions be made during the week and not during the weekend. Sending texts to either confirm or decline train pick up is appreciated. However, texts and phone calls which require decision-making should be made during the school week. Please also be aware that if your child requires collection from the station on a Sunday night, this should be arranged previously with Mrs Salthouse/Mr Benson, as there are limited seats. The Sunday train collection is between 7.00 and 7.30 pm in order for the care staff to be back at school for the other students arriving.

Mr Benson - Coach House:  
01449 738922/07847 719 073  
Mrs Salthouse - Main House:  
01449 736404

Please could all medical appointments/absences be reported before 9.00 am to the School Office. Please contact the school each day your child is absent; contact by email is fine.

If the illness is more than 5 school days we require a Doctor's Certificate.

### Start of the school day

Please remember that students are not to be dropped off at the school before 8.00 am. Prior to that staff are not in their places and we cannot therefore ensure the students security.

### UNIFORM

Please remember that all uniforms and casual clothes must have the student's name in, as we do collect a significant amount of lost property.

### PARENTS OF boarders

All boarding students must have a dressing gown and slippers (or flip flops) at school.

Aside from the obvious benefits of such apparel, the children require such protection when, for example, we have night-time fire drills, which by law we must have each term.

### WARM CLOTHING

During the cold months please could all students have winter clothing; wellies, coats, hats and gloves.

Thank you.

## MUSIC LESSONS

We are pleased to let you all know that we have two new music teachers: Paul Burke who plays Guitar and Will Jarmin who plays the Drums.

They will be offering one-to-one sessions at CAEA with any learner who would like to participate.

Please contact the teacher directly if you would like to book a lesson or would like more details.

Mr Burke - 07513 545 154  
Mr Jarmin - 07758 673 444

Miss Talman, the school Music teacher, is still offering piano and singing lessons on a Wednesday and Thursday.  
Miss Talman - 07929 045 806  
mtalman@centreacademy.net



## DATES FOR YOUR DIARY

### Spring Term 2015

Half Term:

Friday 13<sup>th</sup> February - Sunday 22<sup>nd</sup> February 2015

Monday 23<sup>rd</sup> February 2015

Term Commences

Thursday 12<sup>th</sup> March 2015

Parents Meetings - Junior School - 9.00 am

Friday 13<sup>th</sup> March 2015

Parents Meetings - Senior School - 9.00 am

Red Nose Day

Friday 27<sup>th</sup> March 2015

Easter Service - 2.15pm

Term Ends:

Friday 27<sup>th</sup> March 2015; School Finishes - 3.00 pm



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[www.centreacademy.net](http://www.centreacademy.net)

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